



ANNUNCIATION CATHEDRAL

HERALD



245 VALENCIA STREET, SAN FRANCISCO, CA 94103 • 415 864-8000 • FAX 415 431-5860 • E-MAIL office@annunciation.org

September 2004

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SAN FRANCISCO GREEK FOOD FESTIVAL

SEPTEMBER 17, 18, 19

AT THE
ANNUNCIATION CATHEDRAL
245 VALENCIA STREET
(BETWEEN 14TH & DUBOCE)

FRIDAY, SATURDAY 11AM – 10PM

SUNDAY, NOON – 9PM



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www.sfgreekfoodfestival.org

METROPOLITAN ANTHONY ANNOUNCES HIS RETIREMENT

After 25 years as our Bishop, Metropolitan Anthony has decided to retire next year, on the occasion of his 70th birthday. He will have served the Metropolis of San Francisco for 26 years as its Chief Shepherd. In a recent letter to the Faithful of the Metropolis, His Eminence writes:

*By the grace of God given to me,
as a wise master builder I have laid a foundation...*
(I Corinthians 3:10)

Twenty-five years ago today, on June 7, 1979, I was enthroned as the first bishop of the newly-created Diocese of San Francisco. Since that time, as St. Paul says in his first letter to the Corinthians, I have endeavored to "lay a foundation," laboring together with many co-workers to develop a diocesan structure with ministries and institutions corresponding to the needs of the faithful of this region. And by the grace of God, we have accomplished much in this regard. Now, after long and prayerful consideration, I have arrived at the conclusion that the time has come for me to give place to others, who will build upon the foundation that we have laid. I am therefore writing to formally announce that I will retire as Metropolitan of San Francisco and as your bishop by the end of the year 2005.

In Psalm 77, we read, "Now I have made a beginning; this transformation is from the right hand of the Most High." Indeed, this is all that anyone can hope to do: to make a beginning. Until the Second Coming of our Lord Jesus Christ, nothing is ever truly completed, nothing ever comes to an end. All we can do is to make a beginning, to lay a foundation, knowing that it is the Lord's hand that takes our temporal efforts and transforms them in the eternal light of His Kingdom.

As we conclude the Pentecostal season, it is perhaps also appropriate to echo the words of Christ regarding the coming of the Holy Spirit, "I will not leave you orphans (John 14:18). The Holy Spirit, who ever directs the course of the Church's life, will most certainly be present to guide the process of choosing a successor with the vision and gifts necessary to carry on the work that we have begun.

Over the next year, there will be a number of events in celebration of my twenty-five years of ministry in this Metropolis. These regional celebrations will give us an opportunity to be together, so that I can see all of you and bid farewell in person. More

information regarding these events will be forthcoming shortly.

With deep gratitude to God for the opportunity to serve Him as your bishop over these past twenty-five years, I invoke my arch-pastoral blessing upon you all and remain,

With Paternal Love,
+Metropolitan Anthony
of San Francisco

Note: We will be apprised of the celebratory events mentioned in His Eminence's letter, to enable everyone's participation.

Meanwhile, the final gala banquet is scheduled to be held in the Korinthias Hall of the Annunciation Cathedral in October, 2005. May God grant Metropolitan Anthony many years.

Eis polla eti, Despota!

NICK RALLY NAMED FATHER OF THE YEAR

On Father's Day, Nick Rally, a life-long member of the Annunciation Cathedral and, currently, the treasurer of the Parish Council, was proclaimed Father of the Year.

Nicholas James Rally was born on May 22, 1967 at St. Mary's Hospital in San Francisco. He is the youngest of three sons born to **Demetrius and Eleni Rally**. Nick attended grammar school at Holy Trinity School in San Francisco. From there, he received a full soccer scholarship to St. Ignatius High School in San Francisco where he graduated with awards in math and engineering. Nick went on to UC Berkeley and received his degree in Electrical Engineering and Computer Science in 1990. During his last year at UC Berkeley, Nick worked as a co-op at Altera Corporation, a semiconductor company in Santa Clara. Nick is currently the Manager of Hardware/Software at Altera. In 1997, Nick earned his Masters Degree in Electrical Engineering from the University of Santa Clara.

In 1991, at a Greek Food Festival, Nick met his wife, **Patty**. They were married in 1995 at the Ascension Cathedral in Oakland. They have three children, **Eleni, Dimitri and Katerina**.

Throughout Nick's childhood, the church was the foundation of his activities. Besides attending school at the Greek church, Nick was very involved in the youth programs at Annunciation Cathedral such as basketball, GOYA, Boys Scouts, summer camp, Sunday School, and serving as an altar boy which he enjoyed tremen-

dously.

In 1999, Nick became a member of the Parish Council of the Cathedral and has been Treasurer for the past few years. He has chaired events, such as the New Year's Eve Gala and has enjoyed devoting time to the Cathedral in any way he can.

Axios!

FATHER PAUL SCHROEDER RETURNS TO THE CATHEDRAL

As of September 1st, **Father Paul Schroeder**, who served the Cathedral as Deacon while he worked at the Metropolis Office as Chancellor, assumes duties at the Metropolis Office, and will serve the Cathedral as a Priest. Details are being worked out as to his exact duties, both at the Metropolis and at the Cathedral, but here they are likely to include Bible Study, Catechism for Adults, the Herald, teaching in the Sunday School, service at the Altar, and work with youth groups, including GOYA and YAL.

Father Stephen, Father Gregory, and Father Paul will meet soon to discuss a main focus of the clergy and of the Cathedral—that of outreach.

Meanwhile, we welcome **Father Paul** and his family back to San Francisco and to the Cathedral family.

BEYOND FINANCIAL SUPPORT: THE TIME AND TALENTS OF STEWARDSHIP

(Excerpted from our brochure, entitled Annunciation Cathedral Stewardship, which is mailed out along with pledge cards):

Stewardship extends far beyond dollars and cents; it calls for your time and talents, as well. How can you volunteer your time and talents to become an active steward of our Church community?

****Is the welfare of our youth important to you? Consider teaching Sunday School, coaching a basketball team, advising our JOY, GOYA and YAL groups, becoming a Summer Camp counselor.**

****Do you have good organization and leadership skills? Why not chair or help with a fund-raising event?**

****Are you a computer whiz? How about assisting our parish's Technology Committee with developing and executing its Information Technology vision?**

****Do you like to cook?** It takes the love, dedication and effort of many volunteers to prepare traditional delicacies for our Food Festival each year. Wouldn't you like to be a part of that wonderful team?

****Are you an accountant or auditor?** Would you consider serving on our Audit Committee?

****Do you just want to help out in any way that you can?** Please let us know. We need you. We'd love to have you, and we look forward to working with you!

WELCOME TO FATHER MICHAEL PAPPAS AND HIS FAMILY

Father Michael Pappas, the newly appointed Priest of the Holy Trinity Parish in San Francisco, comes to San Francisco after ten years of service as pastor of the St. Basil Church in Stockton. Father Michael is married to Alexandra Manolis, who is well known to us from the time she lived in San Francisco and was a regular congregant of the Cathedral. Together, Father and Presbyteria have three children.

Father Michael succeeds the late Father Anthony Kosturos, who served the Holy Trinity parish for the past fifty years. Hard-working and diligent, Father Michael chairs the committee which will publish a book in honor of the work and on the occasion of the retirement of Metropolitan Anthony. In part, the publication will highlight all the parishes of the Metropolis.

Father Stephen and Father Michael have met on several occasions, including funeral services both at Holy Trinity and at the Annunciation, and have discussed ways in which both parishes can work together in the service of the Lord and His Church.

We welcome Father Michael and his family to San Francisco and wish him well in the ministry entrusted to him.

PHILOPTOCHOS 2004 EVENTS TO GO

For your information, our Philoptochos lists its calendar of events from now until the end of 2004:

General Meeting

September 9 - 1:00 pm.

Food Festival

September 17 - 12 noon

September 18 - 11:00 a.m.

September 19 - 12 noon

Amelia Antonopoulos 3-yr Memorial

October 10 - 12:00 noon

General Meetings

October 14 - 1:00 p.m.

November 11 - 1:00 p.m.

Thanksgiving Luncheon

November 14 - 12 noon

Holiday Brunch-

Metropolis Philoptochos

December 4 - 11:30 a.m.

General Meeting

December 9 - 1:00 p.m.

A CLEANER CENTER

As you return to the Annunciation, for services and for the many activities which resume in September, you will notice how much cleaner everything is around here. That's because the Center has recently received a fresh coat of paint. In addition, the gym/center floor has been completely reconditioned and resurfaced (complete with new, blue and gold striping--our team colors), at a cost of \$16,675. (This major treatment of the floor takes place about every three years. In the interim, the floor is given a lighter treatment, at an annual cost of about \$4,800.) In addition, all five gallery doors have been refurbished, at a cost of \$10,732. (The doors had all been broken over the last ten years of use: in many cases, entire parts had to be replaced, as were all the locking mechanisms and supports.) It's a steep price, but it is all work that had to be done.

You will also notice a number of other projects around the Cathedral: the repainting of the parking lot fence along Valencia Street, flowers everywhere, the fully operational showers and locker rooms (all the painting and cleaning by our GOYA), and the clean, graffiti-less Steven Street alley. The latter is the result of a concerted effort on the part of the Cathedral, the Waldorf High School and the Neighborhood Association. Now it is time for us to pay attention to the replacement of the chapel chairs (we have hardly a chair where the stuffing is not coming out), the refurbishing of the tower bell (so that it rings), and painting the exterior of the buildings, not to mention resurfacing of the second floor walkway, all as we continue with plans to define and articulate Phase II (that's developing parking and building a church to meet our needs). Your assistance and support are appreciated as you

do your part (even if it means picking up a dropped cookie, or a piece of paper) to help maintain our beautiful facility.

HISTORICAL ARCHIVE UPDATE

In the last issue of the Herald there was an article that mentioned that an historical archive was being created covering the Cathedral's history on our web site (annunciation.org). Work is progressing at a rapid pace. Eventually, the archive will consist of:

1) Photographs of every priest, and in some cases, short biographies.

2) Every news article that appeared in SF newspapers covering events in Greece, San Francisco's Greek community, Annunciation, Holy Trinity and St. Sophia from 1890 to the present day. To date, over 50 news articles are on the site and more are being added weekly. After all of the SF news articles are collected, articles from Greek-language newspapers **California**, **Prometheus**, and **Eirenikos** will be collected for the site and presented in Greek. Visitors will get to see through news reports how the Greeks and the Greek community was viewed through the years.

3) Family portraits of the original board of trustees are being created. These people were the founders of the Annunciation/St. Sophia parish. To date, we have created a family portrait for Harry Franco and family portraits are currently being created for Chris Katharios, George Evangelou, and John Milonas. More will follow. We have been interviewing relatives of these individuals. Their stories are fascinating to read.

4) The memoirs of past members. We have collected the memoirs of Peter Boudoures, Chris Katon, Anastasia Apostoles, and Harry Kockos. All of these people were Annunciation members. To date, Peter Boudoures' memoirs are on the site now and others will be added. We are also adding the memoirs of Alexander Kosta. This man was not a member but without him, San Francisco would not have had a Greek church or at least it would have been delayed for significant period. This man bought the lot the original Holy Trinity church is on, he contributed money for furnishings, he bought Fr. Tsapralis his home, and during the period immediately following the 1906 quake, he allowed Fr.

(cont. on page 7)

FOCUS ON YOUTH

SUNDAY SCHOOL NEWS

Our new school year begins **Sunday, September 26th**, the week after our Food Festival. It is our hope many more people and youth of our parish can volunteer to help with the food festival, without the added commitment of Sunday School.

We, as parents, are the primary teachers of our children. They learn from our words, but mostly through our actions. We are responsible for instructing them about Orthodoxy and what it means to be an Orthodox Christian.

The goal of the Sunday School is to be a partner in this journey towards becoming an Orthodox adult. It must be working because we are on our third generation of Annunciation Sunday School students.

Today, we are teaching the children and grandchildren of our former students. And interesting enough when asked, these former students remember having fun, and many of them remain friends today, but most important they have returned to raise their own children in the faith they learned.

At Annunciation, we follow the prescribed curriculum of the Archdiocese. From Pre-school to 4th grade our students focus on the "How" of things. How to make the Sign of the Cross, How to say the Lord's Prayer and the Nicene Creed, and How to take Communion are among the many items learned. Starting in 5th grade, the students begin to understand the "why". Why do we sing hymns, why we must read the Bible and go to Liturgy, why we must embrace the truth of Orthodoxy to be saved. We team with you as parents, to make this happen for yet another generation of students.

Faith, fun and friendship won't happen unless your child comes to class on a regular basis. Faith and friendship must be seeded and then nourished over time. Regular attendance gives us a chance to do just that.

Please take the opportunity this year to use the handouts the children bring home as an opportunity for family discussion.

We are excited about the new school year and look forward to your continued support. Many new and exciting things are planned this year to continue building on the foundation we have laid. Please escort your child (ages 3 - 17) upstairs and meet their teacher in the classroom on Sunday, September 26th at 10:30 am. Classes are held from 10:30 - 11:30 am each

Sunday and the children receive communion after their lesson.

We have a new class being offered this year, High School, taught by Caroline Pappajohn. We are very excited about this new curriculum, Father Stephen sat on this committee in the Archdiocese and says it will be very engaging. All High School students will begin classes October 3rd.

We are still in need of 3 assistant teachers to help at different grade levels. Please contact Denise Yeilding @ 415-585-5883 or dyeilding@yahoo.com or contact Father Stephen @ 415-864-8000 or dean@annunciation.org if you can help or can suggest who we should approach to help in the classroom.

See you on September 26th in your Sunday Best!

JOIN US AS WE CELEBRATE FATHER STEPHEN'S BIRTHDAY AT OUR DANCE GROUP GLENDI - OCTOBER 16

The Annunciation dance groups will be hosting a Glendi, entitled "Year of the Dancers" on Saturday, October 16, at the Annunciation Korinthias Hall. "Year of the Dancers" promises to be a gala event with an evening of fun and dancing with live music by Greek Compania. The fun will begin at 6:00 p.m. with cocktails and appetizers with dinner to follow. The cost of the Glendi is \$35.00 per person, \$15.00 for teens and \$10.00 for children under 10 years of age. For further information or to make a reservation contact Tula Kallas-Chase at 510 432-0194 or Athena Stavarakas at 650 219-4168 or complete the cutoff portion of the flyer, available at the Pangari, and mail it to: Cathedral Glendi, c/o Kathie Garibaldi, 251 Palm Avenue, Millbrae, CA 94030 by October 9.

If you attend, you can join in singing "Happy Birthday" to our own Father Stephen!

OUR KIDS ARE GRADUATING--LOTS OF THEM

We have lots of graduates, from all kinds of schools. We congratulate each and every one of them, as they go on, either to the next grade, or another school, or on to a career.

Pre-School: - Anna Kleinekorte and Antonaki Panagiotopoulos;
Kindergarten: - Dimitri Selianitis;
Grammar School: - Kimberly Canellos and Adonis Milon;
Middle School: - Eleni Berhanelase, Yvonne Chiappari, Danny Calderon,

Ermaies Gebreab, Yoseph Grebemeskel, Simon Habtu, Solomon Habtu, Fortuna Hagos, Nikolas Kallas, George Mavroudis, Segan Soloman, and Yonathan Tekeste;

High School: - Tammy Cherolis, Robert Crittendon, Wogatha Hagos, Asenai Hibaou, Lana Hussury, Dalia Mesfun, Susan Soloman, Wintana Yemane, Nicholas Taptelis

Junior College: - Stephanie Vorris; College: - Nicholas Gazoulis.

Contantine Tsagaris, Spiros Fousekis
Kudos to all!

CATHEDRAL ATHLETIC AWARDS DINNER

On Wednesday, June 23, the Annunciation Cathedral held its annual athletic awards dinner. Attended by over 100 youth, parents, coaches, and parish members, it was a most heart warming and auspicious occasion.

Father Stephan began the evening by honoring the late Father Anthony Kosturos, Commissioner of the OYAA, for his hard work and relentless dedication to the OYAA (Orthodox Youth Athletic Association). He will be greatly missed by all.

The evening commenced with a delicious assortment of pizzas, salads, sodas, and desserts. Following the meal, Father Stephen acknowledged that the importance of athletics is not whether one wins or loses, but rather the comradery it provides the players, parents and parishes. Furthermore, he noted, that the awards the children were about to receive, were not for winning, but rather to acknowledge their dedication and participation.

Master of Ceremonies Tom Nuris then proceeded to introduce the various teams together with their coaches. Special recognition was given to coaches: Herb Ramos, Danilo Ramos, Tom Nuris, Nick Kontonis, Ari Stratakis, Daryl Chase, Athletic Commissioner Chris Kallas and Mike Canellos, who planned the dinner from start to finish. (Mike serves the Annunciation Cathedral primarily as its Youth Director; he has also served, for many years as basketball coach, particularly of his Angels team; he is also events/catering manager for the Annunciation.)

As each coach was invited to introduce his respective team, one could not only see, but also feel, the love and devotion between player and coach. As the closing prayer was offered, the smiles on our youth said it all.

A WISH COMES TRUE

Desiderius Erasmus (who is this guy?)

Due to the overwhelming response to our June article, "The Final Chapter," the staff of the Annunciation Cathedral Herald will be regularly profiling one of our youth. We believe it would be appropriate that our inaugural article feature the heroine and inspiration of the "Final Chapter," captain of the 2004 champion "Angels," Wintana Yemane!

On June 7, 1986 a child was born to Adiam and Aklilu Yemane in the small village of Asmara, Eritrea. As a testament to their love, Adiam and Aklilu chose the name Wintana, whose English translation is "wish." As they noted, the name was most symbolic: the two "wishes" of their life was the independence of their homeland, Eritrea, and the safety of their baby, Wintana. Aklilu, a decorated freedom fighter, was torn between remaining in Eritrea to continue the quest for independence, or to come to America for the safety of his family. At last, succumbing to the "wish" of Adiam, the Yemanes arrived in America in 1998.

Turning to their Orthodox roots for guidance and inspiration, the Yemanes were soon to be blessed with a son, Edle, and another daughter, Faeda.

One day after church services, Wintana, now 12 years of age, wandered into the Korinthias Hall, where she gazed upon a group of older girls practicing basketball. From the corner of his eye, coach Mike Canellos spotted the young girl and slowly approached her. Inquiring whether she was familiar with basketball, she shyly responded that her goal was to play professional basketball and that she was starting to learn the game at Ben Franklin Middle School. Mike was immediately captivated by her beautiful, warm smile and confident demeanor. As he invited her to join the practice, he noticed that she was immediately accepted by the older girls. That day, a special bond seemed to form between coach Mike's daughter Mary and the younger Wintana.

The following season, Wintana led the Annunciation Junior Varsity Girls Basketball Team (personally averaging 30 points per game) to both the league and tournament championships. Coach Mike promptly elevated her to his championship "Angels" team. Pairing her in the back court with his daughter Mary, the two made quite an imposing pair. Mary standing 4'11" and Wintana an even 5 feet! Fondly referred to as Mike's two daughters, "Salt and Pepper," the dynamic duo helped to guide the "Angels" to three more undefeated

seasons.

With the graduation of seven seniors in 2003, Wintana became the "Angels" team captain. Again, the "Angels" posted an undefeated season, culminating in yet another tournament championship.

During this time, it is important to note that Wintana was also starting in basketball at Galileo High School in San Francisco. While averaging 20 points per game, she caught the attention of many college basketball recruiters. In addition, she was maintaining a 3.0 grade point average, and was constantly assisting in basketball clinics for underprivileged children. This summer was a most auspicious one for Wintana. She was invited to both attend and participate in athletic scholarship camps at UCLA, USC, Long Beach State, Fresno State, and Oregon!

As we had noted in our article, "The Final Chapter," the 2004 girls high school team was a young and relatively inexperienced one. Determined to lead them, Wintana in essence became a second coach, constantly encouraging the younger girls to strive harder. When in the championship game it appeared that the "Angels" had finally been defeated, she reached deep within herself to grant her team one last wish...a championship!

At the Athletic Awards Dinner, we not only celebrated the achievements of our basketball teams, but in essence the final tribute to a young lady who brought so many wonderful memories to us all. Wintana, thank you for sharing the past six years with us. May our Lord continue to bless you and make all your wishes come true.

CATHEDRAL TO OFFER CLASSES IN BYZANTINE CHANT

In its ongoing service to the parish but also to all the parishes, as Cathedral of the Metropolis, the Annunciation will be the setting for a Beginning Byzantine Chant class as well as an Intermediate Byzantine Chant class, to begin in January. The beginning class, which is designed for individuals who have never encountered Byzantine notation, is open to all who wish to learn the fundamentals of church music and serve their respective parishes in the Bay Area by learning the various hymns from Vespers and Orthros (the evening and morning prayer services of the Orthodox Church.)

The intermediate class, which is designed for individuals who have some ability reading Byzantine notation and some exposure to Byzantine chant, is open to all who wish to mas-

ter the hymnology of the Church and serve their respective parishes in the Bay Area by assisting or, in some cases, assuming the chanter position. Some of our parishes are without chanters and, therefore, these vital prayer services are either omitted or are simply read.

In the next issue of the Herald, and by letter to each of the Bay Area parishes, there will be additional information about the dates of the classes, the times, and the costs for both instruction and materials. The classes will be taught by John Boyer, who is well known to us as Assistant Chanter. John, a student at the University of California, at Berkeley, began learning hymnology at the Holy Trinity, Portland parish, at the age of 4. John has received training in Byzantine Music by the well-known choirmaster and chanter, Lycourgos Angelopoulos, in Greece. In addition, John sings with *Capella Romana*, an internationally acclaimed choir, which has been recording not only contemporary, but also early Byzantine chant.

In any case, holding the classes at the Cathedral makes sense. We have the facilities, we are centrally located, accessible to all freeways, and have ample parking.

ANNUNCIATION'S 5th ANNUAL FAMILY CAMPING TRIP

This year's Summer Camp, along the Russian River, was in many ways even more successful than the previous four. Although the sun did not always shine, children and their families, some 60 in all, enjoyed the relaxation and activities offered by the family atmosphere at the Cassini Ranch.

Next year, we are planning to add one more day, and expanding its size to about 75 (maximum) and scope (to include paracesis and a celebration of the Divine Liturgy).

Thanks, Ari Stratakis, for another great year!

MEANWHILE, DOWN AT THE RANCH: SENIOR CAMP

St. Nicholas Ranch and Retreat Center invites seniors to attend its Senior Camp, a wonderful opportunity for seniors to gather for food, fellowship, and relaxation in the foothills of the Sequoias. Camp this year will take place September 20-24.

For additional information, please call the Ranch at 559 338-2103 or log onto its web site,

<http://www.stnicholasranch.org>.

FESTIVAL 2004... OUR BIGGEST GATHERING

As you can readily infer from the front cover, our biggest gathering of people--our Food Festival--is just weeks away. We are hard at work. Meetings are taking place. Volunteers are being enlisted. The souvenir book has gone to press. People are stepping up to the plate in response to the recent mailing.

As you have heard and seen, we have a number of features that are new this year:

****A new logo. Fresh. Crisp. Clear.**

****A wine tasting booth at the festival, showcasing newly released wines from Greece for tasting and for purchase. A commemorative wine glass will be available for purchase.**

****Also new this year is our Greek deli/agora, where we will be selling the Bay Area's hottest Greek wares (food, merchandise, and other goodies).**

****We are introducing several new food items but we are also keeping our all-time favorites, those fabulous foods that makes San Francisco's only Greek Food Festival the very best.**

****We have a Mini Cooper Raffle underway. We will be showcasing the car at the Festival for three days, but we are offering presale of tickets to our own parishioners for two weeks before the Festival. Afterwards, the Raffle will be open to the public. Tickets are \$111 each. Why the odd number? Well, the Mini Cooper is unique and we wanted this raffle to be unique. And, only 444 tickets will be sold. That makes it a 1:444 chance to win a 2005 Mini Cooper. Mike Bagatelos is our Mini Cooper Raffle Chair.**

****Then, we will have live Greek music all during the Festival by two bands, our very own Greek Compania and Mediterranean Soul.**

****Exciting new vendors.**

****New layout changes, & much more.**

The dates and times are:

Friday, September 17, 11 AM-10 PM

Saturday, September 18, 11 AM-10 PM

Sunday, September 19, NOON-9 PM

For more information, please call 415 864-0000 or visit:

www.sfgreekfoodfestival.org.

We wish to acknowledge the generosity of the following Festival underwriters and sponsors:

Philoptochos, which donated \$2500 to underwrite the cost of making all the pastries.

Old Country Importers, which is donating the coffee.

Yiannis' Restaurant, Jack Spachis, Proprietor, which is donating \$700 for the Taramosalata.

Betty Vaso Cherin, who is donating \$1,500 for the Moussaka.

Mr. and Mrs. Gus Franco, who are donating \$1,350 (\$750 for the Bell Peppers and \$600 for the Green Beans).

The Sooklaris family, which is donating \$1,300 for the Pilafi.

Dr. Peter Panagotacos, who is donating \$700 Lykovouno Olive Oil

Duggan's Serra Mortuary, Bud Duggan Family, which is donating \$1,200 for all the complimentary admission card printing.

22nd & Irving Produce, Tom Karas, Proprietor, which is donating all the produce for the Festival, valued at thousands and thousands of dollars.

There are still a few items that need sponsors. These are:

Souvlaki	\$4,500.
Lamb	\$3,000.
Fish	\$2,300.
Gyro	\$1,500.
Tiropites	\$1,100.
Spanakopites	\$1,100.
Salad	\$1,100.
Ice	\$1,000
Dolmathes	\$ 900.
Tzatziki	\$ 800.
Chickens	\$ 850
Skordalia	\$ 750.

Please call **Tessie Obester**, Festival Chairman, to indicate your desire to donate one of the above items. She can be reached by calling the Cathedral on Thursdays, 415 864-8000. Or, if you call on another day, please leave word with **Mariam Arsinoo**s and she will get word to Tessie. If you feel like being more ambitious, and more generous, you can always underwrite the entire Taverna. We estimate that all of the drinks sold through the Taverna will be \$7,000.

However you can help - by volunteering, by donating, or both, or just wishing the Festival well - know that your efforts are greatly appreciated by all.

YOU ARE INVITED TO COME RECEIVE THE LIGHT SUPPORT DINNER

On Thursday, November 30, beginning at 6 p.m., the Nativity of Christ Church, located at 1110 Dickson Drive, Ignacio (Novato), will host a dinner, to which you are invited--free of charge--to support the Orthodox radio ministry in our area. Each week *Come Receive the Light*, a national Orthodox Christian radio program, is aired on KDIA AM 1640, Saturdays at 8:30 AM and Sundays at 1:30 PM, as well as on the worldwide web, at www.receive.org.

For additional information

about the dinner, please call 415 883-1998. For additional information about the Orthodox Christian Network, call 877-273-2348.

YOUNG ADULTS TO GATHER IN WASHINGTON, D.C.

Renew friendships and create new ones with young adults from all over the country! All events are open to individuals 18 and older! Join us for a memorable event over Veteran's Day Weekend! Meet the author of "A Guide To Greek Traditions And Customs In America." The Hotel is the Marriott at Metro Center. Make your reservations today! Call the Marriott at 202 737-2200. Ask for the "YOUNG ADULTS LEAGUE" rate.. ONLY \$99 each night!! (Make sure you book by October 29th to get the \$99 rate!) ** You may also want to check the internet for good rates as well!

HAPS OFFERS SCHOLARSHIPS

The Hellenic American Professional Society of Northern California invites young people, ages 17-25, the opportunity of applying for one of three one-time scholarships in the amount of \$750. Applications may be obtained, prior to October 15, through **George P. Mattis**. Call him at 415 566-4308 or E-mail him: geomattis1@aol.com.

AND MORE RETIREMENT

After 57 years in the hair-dressing business, "Troy the Greek gives the last snip." So began an article in *The Examiner* (May 28-30 issue).

For years, **Troy Preovolos**, a life-long member of the Annunciation Cathedral, has been a fixture along West Portal--nearly 40 years in the same place. Hailed as generous and dapper, Troy has been an invaluable worker on many of Annunciation Cathedral's galas in the past. God bless you on your retirement, Troy. Good health and happiness!

SIGN OUTSIDE A CHURCH

Money

will buy a bed but not sleep;
food but not appetite;
finery but not beauty;
a house but not a home;
luxuries but not culture;
amusement but not happiness;
religion but not salvation;
a passport to everywhere -
but heaven.

Tsapralis to celebrate Divine Liturgy at his home. Every Sunday he brought his stove out to the curb and was feeding parishioners. His story is wonderful to read.

5) A profile of the Daughters of Penelope. We found that the founder of the Daughters, **Alexandra Apostolides**, was an Annunciation member. Other founding members were from Annunciation. You can easily say that this organization started at Annunciation or at least in San Francisco.

6) Photographs of GOYA, altar boys, the choir, sports teams, the festival, etc. through the years. When you look at these photos you will see many Annunciation members when they were children. Additionally, we found photos of **Fr. Kosturos** when he was a young man, Fr. Kosturos's mother, Mayor George Christopher's mother, etc.

Jim Loukas, our web master, is responsible for the above. We are grateful to his bringing the history of the Greek community in general, and of the Annunciation Cathedral, in particular, to light. The archive will take some time to complete; it will be a monumental contribution, when it is complete. Meanwhile, we invite you to log onto annunciation.org and take a look at our site; view our history as our archive is developed.

RECENT SERVICES AT THE CATHEDRAL

BAPTISMS

Andrew Christos, son of George Louis Kallas and Bertha Maria Flanagan, was baptized at the Cathedral June 13. His sponsors are John Eliopoulos and Tracee Morales.

Anastasia Stavrouta, daughter of Lester Henry Pezo and Chrisoula P. Koutoulas, was baptized at the Cathedral June 20. Her sponsors are Dino and Joy Morris Costelli.

William Anthony, son of Erick Gadala and Tula Chrisanthy Bratis, was baptized at the Cathedral June 26. His sponsor is Costa Vorris.

Peter Michael, son of Erick Gadala and Tula Chrisanthy Bratis, was baptized at the Cathedral June 26. His sponsors are Panagiota and Kostas Eleftheriadis. **Vasili Alexander**, son of Demetrios William Zahiralis and Mary Reagan, was baptized at the Cathedral August 21. His sponsor is Vasiliki Tzafopoulos.

Georgiana Nicole, daughter of George Papavasiliou and Lea Artemis Dakis, was baptized at the Cathedral August 21. Her sponsors are Mary Fanourgiakis and Manoli Fanourgiakis.

Nabiyou Elias, son of Elias Degu Gulema and Senait Gebremedhin Abraha, was baptized at the Cathedral August 22. His sponsor is Solomon Degu.

Gianni (Ioannis Theodoros), son of Ioannis Kefalas and Irene Herrera, was baptized at the Cathedral August 22. His sponsors are Evangelos and Victoria Koutoulas.

Isabella Ariane, daughter of Kosta Koutoulas and Grace Ann Monti, was baptized at the Cathedral August 28. Her sponsors are Sophia and John Georgiadis.

Na Mas Zisoun! A Long Life!

FUNERALS

Panos J. Gianaras, who fell asleep in the Lord on July 22, was buried July 25. He is survived by his children, John P. Gianaras and Genie Sasloff, and their families.

Anne P. Mountanos, who fell asleep in the Lord on August 7, was buried on August 14. She is survived by cousins, nieces, nephews, and friends.

Eva (Efthimia) Koulos, who fell asleep in the Lord on August 12, was buried on August 16. She is survived by her son, Leo Paul Koulos and his family.

Aionia afton i mnimi!

May their memory be eternal!

WRITINGS FROM THE PHILOKALIA

"We do not know God from His essence. We know Him rather from the grandeur of His creation and from His providential care for all creatures. For through these, as though they were mirrors, we may attain insight into His infinite goodness, wisdom and power.

The pure intellect is occupied either with passion-free conceptual images of human affairs, or with the natural contemplation of things visible or invisible, or with the light of the Holy Trinity.

When the intellect is engaged in the contemplation of things visible, it searches out either the natural principles of these things or the spiritual principles which they reflect, or else it seeks their original cause.

When the intellect is absorbed in the contemplation of things invisible, it seeks their natural principles, the

cause of their generation and whatever follows from this, as well as the providential order and judgment which relates to them.

When the intellect is established in God, it, at first, ardently longs to discover the principles of His essence. But God's inmost nature does not admit of such investigation, which is indeed beyond the capacity of everything created. The qualities that appertain to His nature, however, are accessible to the intellect's longing: I mean the qualities of eternity, infinity, indeterminateness, goodness, wisdom, and the power of creating, preserving and judging creatures. Yet of these, only infinity may be grasped fully; and the very fact of knowing nothing is knowledge surpassing the intellect, as the theologians Gregory of Nazianzos and Dionysios have said."

(From Maximos the Confessor's "First Century on Love.") Maximos lived from 580 to 662 A.D. The fact that no other writer is assigned so much space in the *Philokalia* (a compendium of excerpts from the writings of the Fathers), indicates his importance for the Orthodox spiritual tradition. He became a monk at the monastery of Philippikos in Chrysopolis, close to Constantinople and then moved to another monastery at Cyzikos. At the time of the Persian invasion in 626, he fled to Crete and eventually to Africa, where he remained for some years. He played a leading part in opposing the heresy of Monothelism (i.e. that Jesus Christ had but a single will). Orthodoxy teaches that since Jesus Christ is both God and man, he possesses a divine nature as well as a human nature, and also a divine will as well as a human will. Maximos the Confessor is remembered on January 21 and also on the day of his death, August 13.

SEPTEMBER DATES

- Sept. 1 - Ecclesiastical New Year
- Festival Comm. Mtg - 7pm
- Sept. 7 - Waldorf High School year begins
- Sept. 8 - Nativity of Theotokos,
- **Liturgy at 10am**
- Sept. 10 - Chicken Preparation for Festival
- Sept. 14 - Elevation of Holy Cross,
- **Liturgy at 10am**
- Souvlaki Prep - 6:30 to 10:30
- Sept. 15- Parish Council Meeting
- Sept. 17-19 - **FOOD FESTIVAL**
- Sept. 26 - Sunday School begins

DATES
TO REMEMBER

SEPTEMBER 17, 18, 19
ANNUAL FOOD FESTIVAL

SEPTEMBER 26
SUNDAY SCHOOL BEGINS

OCTOBER 16
DANCE GROUP GLENDI

NOVEMBER 14
THANKSGIVING LUNCHEON

~ ~ ~ ~ ~

SEE YOU AT
OUR ANNUAL FESTIVAL -
BE PREPARED TO WORK -
BE HUNGRY ENOUGH TO ENJOY
ALL THE WONDERFUL FOOD -
LEAVE ENOUGH ENERGY
TO VISIT THE BOOTHS
AND TO DANCE TO THE
WONDERFUL GREEK MUSIC!!!

~ ~ ~ ~ ~

ANNUNCIATION CATHEDRAL

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